

Final letter from the President

Dear Colleagues,
In September this year I shall step back as President of the EAGT, since 2002.

What have we all achieved over this past 6 years?

- Adoption of revised training standards compatible with those of the EAP.
- The adoption of new accreditation regulations for training institutes.
- Proportional representation for voting at Annual general Meetings.
- Adoption of revised Codes of Ethics and Complaints Procedures.
- Uniting the Executive Board and Extended Board into one General Board.
- Limits on successive election to executive office.
- Location of permanent office for EAGT in the Netherlands.
- Appointment of an Office Manager.
- Detailed and comprehensive presentation of EAGT finances.
- Successful re-accreditation of EAGT with EAP
- The Creation of three Committees to extend the boundaries of EAGT beyond the clinical to embrace:
 - Gestalt in Organisations
 - Human Rights & Social responsibility
 - Gestalt in Education

So it is possible to see that EAGT has been a reforming organisation



throughout this period and I would like to pay tribute to all past and current members of the Board. Throughout the past 6 years they have shown great devotion and commitment to growing EAGT as a quality label, in Europe.

Much of the work of the Executive Committee is only visible at special occasions such as the Annual General Meeting or at conferences, but actually requires countless hours of work via email, board meetings, and in fulfilling the specific responsibilities of each the officers roles, either at home on the computer or travelling across Europe.

I consider myself very fortunate to have worked with such a hardworking and committed group of people

and I will miss them all.
So now let us look to the future.

The EAGT conferences in *Prague* and *Athens* each attracted around 500 people. It was encouraging and reassuring to see so many young Gestalt psychotherapists participate with great enthusiasm.

I hope to see you in *Belgrade* in September when you will elect a new President. Inside this Newsletter you will find a nomination form. I look forward to continued contact with many of you in the coming years in one capacity or another. While continuing to work in the UK, I shall be removing my professional base to France later this year, and you can contact me there through www.euroips.com.

I wish you good health and continued challenge and possibility.

With affection

Ken Evans, President EAGT

Finances – Treasurer's report

In the Newsletter of May 2006 (#8) I started to publish the estimate through which one gets a description of the income and expenditures of EAGT.

An extended financial report is anyway available on request.

The estimate of 2007 and the actual income and expenditures correspond in general with one and another. On a few points they deviate. An example from the estimate:

- Desk costs were estimated for € 750,00 and the actual expenditures are € 3.187,00. An overspending of € 2.437,00. The overspending has to do with expenditures in the field of Public Relations (flyers, certificates etc. for several years) which were paid in 2007.

A second example is the income for accreditation:

- Accreditation was estimated for € 3.500,00 and the actual income was

€ 9.300,00. Opposite of the income are the extra expenditures which the Training Standard Committee made of € 4.138,00 which was estimated for € 1.000,00.

The estimate of 2008 shows us a loss of € 2.285,00.

Enough numbers. Financially we are doing well, although the estimate shows a small loss.

Bas Lokerse, Treasurer

	Estimate 2007		Official numbers 2007		Estimate 2008	
	Inc. 2007	Exp. 2007	Inc. 2007	Exp.2007	Inc. 2008	Exp.2008
Executive Committee ¹		€ 5.500,00		€ 5.448,00		€ 3.700,00
Executive Committee ²		€ 6.000,00		€ 6.340,00		€ 3.000,00
Executive Committee ³		€ 500,00		€ 1.537,00		€ 700,00
General Board ¹		€ 3.000,00		€ 3.000,00		€ 3.000,00
General Board Board ²		€ 1.000,00		€ 732,00		
General Board + Ex. Comm.				€ 2.103,00		€ 1.400,00
Meeting rooms		€ 3.000,00		€ 2.550,00		€ 2.500,00
Bank costs		€ 400,00		€ 475,00		€ 500,00
PayPal costs				€ 78,00		€ 100,00
Costs Conference				€ 493,00		€ 500,00
Costs secretary		€ 100,00				
Costs treasurer						
Total costs office manager		€ 12.000,00		€ 11.713,00		€ 15.500,00
Desk costs		€ 750,00		€ 3.187,00		€ 1.500,00
Postage		€ 1.000,00		€ 2.650,00		€ 3.000,00
Newsletter		€ 2.500,00		€ 700,00		€ 1.400,00
Mailing costs		€ 1.300,00		€ 1.002,00		€ 1.000,00
Costs Training Standard Comm.		€ 1.000,00		€ 4.138,00		€ 4.500,00
Costs Ethic Comm.		€ 500,00				€ 500,00
Website		€ 800,00		€ 451,00		€ 1.000,00
Costs writers conference		€ 2.000,00		€ 1.054,00		€ 0,00
EAP/NAP fee		€ 1.000,00		€ 1.000,00		€ 1.500,00
ECP (20% share NOGT's)				€ 100,00		
EAP (accreditation share)			€ 448,00			
Membership fee 2005	€ 505,00		€ 455,00			
Membership fee 2006	€ 1.685,00		€ 1.255,00			
Membership fee 2007	€ 32.200,00		€ 34.685,00		€ 975,00	
Membersio fee 2008					€ 36.380,00	
Membership fee advance	€ 150,00		€ 165,00		€ 150,00	
ECP	€ 150,00		€ 400,00		€ 1.500,00	
Accreditation fee	€ 3.500,00		€ 9.300,00		€ 3.400,00	
Re-registration fee	€ 500,00		€ 1.540,00		€ 260,00	
Donations						
Advertisement	€ 250,00		€ 250,00		€ 250,00	
Administration costs	€ 100,00		€ 80,00		€ 100,00	
Refunds	€ 200,00					
Loss & Profit calculation	€ 3.110,00		€ 173,00		€ 2.285,00	
	€ 42.350,00	€ 42.350,00	€ 48.751,00	€ 48.751,00	€ 45.300,00	€ 45.300,00

1 = costs travelling 2 = costs accommodation 3 = costs other meetings

Report from chair of NOGTs and External Relations Officer

Dear colleagues,
It has been a busy period since the last time I have communicated with you all and as time passes by I become more and more aware of both the responsibility and the pleasure of being the Chair of NOGTs and the External Relations Officer of EAGT.

With great satisfaction and joy I watch the NOGTs gaining new members and I keep receiving new applications. I am glad to see all that interest from countries from all over Europe; it seems like all that work that has been done throughout those years by EAGT has begun to come to fruition.

I am also more than happy to announce and to share with all of you the latest accreditations. So, we welcome (in alphabetical order) AETG from Spain as a Ordinary Member, ARGI from the Russian Federation as a Ordinary Member, ISGTA from Israel as an Associate Member, LGA from Lithuania as an Associate Member, SAG from Sweden as an Ordinary Member, SGTR from Romania as an



Associate Member. We are also in process of re-accrediting SVG from Switzerland. And of course there are still many more organizations in the process of being accredited or re-accredited.

I am feeling grateful that my colleagues, Peter Schulthess and Ken Evans, play an

important role to this committee and that I receive the generous assistance from the more than capable Marga Berends to this procedure with the valuable collaboration of Joppie Baker for all the ethical related matters and also from my very keen secretary Zoe Bachtalia. The whole procedure is a collaborative work and it could not be done without the valuable help from all of you.

I would also like to thank the applicant Associations for their understanding, patience and collaboration.

Furthermore, as the External Relations Officer of EAGT I have nothing special to announce. It has been already a great effort for me to read all those files and since I have not received any message or announcement from anybody I am refreshing my invitation for sharing your news, projects or ideas and I remain at your disposal for any assistance.

Hoping to hear from you soon,

Katia Hatzilakou

AGENDA – Annual General Meeting

Date: September 13, 2008 in Belgrade

Place will be announced on www.eagt.org section bulletin board.

You can also find and download here a revised version of the accreditation paper and the code of ethics plus the suggested changes in the statutes (most likely at the end of June).

Welcome	– Education & Children
Members present	– Human Rights & Social Responsibility
Minutes of last meeting (Athens)	Elections of president & officers
Matters arising	Supervision debate: Vote on proposal of <i>Tomaz Flajs</i>
Reports of:	Voting on revised accreditation procedure paper
President –	Voting on revised code of ethics
Vice-president & Chair of TSC –	Change in Statutes for:
Treasurer –	– Termination membership
External Relations & Chair NOGT's officer –	– Reconfirm complaints committee for further 5 years
Secretary –	– Complaints Procedure
Chair of Ethics –	– Joint membership
Reports form Special Committees:	– Organisational membership fee for CM
Organisations –	Date of next AGM (2009)

Report from the Chair of the Training Standards Committee (TSC)

In February the TSC did accredit 4 new institutes as EAGT-Training Institutes:

- HIGW (Hamburger Institut für Gestaltorientierte Weiterbildung), Germany.
- MultidiMens, Belgium.
- Gestalt foundation Athens and Thessaloniki, Greece.
- IVC (Instituut for Communicatie), Belgium.

Congratulations!

Actually we have 10 accreditations of other institutes in process, we hope to finish some of them successfully by our meeting in September. Three of our former ordinary member institutes have decided not to ask for accreditation and preferred for different reasons to become cooperative members.

At the EAGT conference the TSC held a panel about the training standards. There was a vivid discussion about the setting of the required supervision. Some of the participants defended the requirement for a minimum of 50 hours in an individual 1:1 setting with a supervisor. Others opposed about this and wanted to leave this up to the institute. Third ones proposed more flexibility considering that in some of the countries (especially from East Europe) this requirement cannot yet be fulfilled because of a lack of qualified supervisors in some regions. This topic will be on the agenda of our AGM. The TSC decided to prepare this topic with an opinion for both positions in this newsletter.

Beside that the TSC prepares a revision of the accreditation procedure paper, as this should be done all 5 years. For this revision we will use the experiences of all the accreditations that we have processed now the last 5 years. You will find the revised text on the EAGT homepage, section bulletin board, by the end of June.

Peter Schulthess



Report from the Vice president

As Vice president I attended since the last AGM 3 meetings of EAP. Several European wide Awarding Organisations had to be reaccredited, a new one (Reality Therapy) was accepted, but they will have to rewrite their papers about scientific validation in some parts.

The EWOC (European wide Organisations Committee), where I represent EAGT, has the right to appoint 2 full members of the TAC (Training Standards

and Accreditation Committee). I have been elected to represent the EWOC in the TAC.

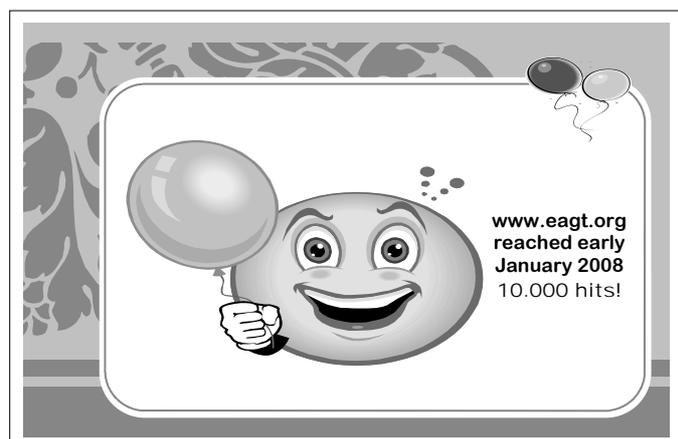
A question in discussion is still the procedure for getting ECP's. There are three ways:

- Having finished a training accredited by the NAP, EWAO and TAC.
- Having a psychotherapeutic education on the same level from other institutes, but the individual has to be a member of the NAO and EWAO.
- Grandparenting procedure in case there is no relevant EWAO.

The strategic question for EAP will be between a) and b). Initially EAP wanted to support that all good institutes get accredited by EAP. Like this there can be a direct awarding procedure from the institute, as it is clear that EAP, EWAO and NAO have agreed in the accreditation of the institutes. But here there are now discussions:

Some NAO-delegates and EWAO-delegates fear that they will lose influence, because there would not be anymore the need of individual membership in a NAO and EWAO to get an ECP. On the other hand does the way described in b) not support the process of getting institutes ready for accreditation as EAPTI. Why should they go through these procedures, if their certificate will anyway be accepted by NAO's and EWAO's and lead to an ECP?

Peter Schulthess



Reports from European Countries

Report from Austria

Ulla Diltsch, OAGG

We have given our application for EAGT/EAP accreditation last year in Amsterdam. In the meantime the experts – Peter Schulthess (EAGT) and Renée Oudijk (EAP) – visited our institute in Vienna and we had long and careful conversations about our special Austrian situation, the specificity of our modality, which – as you will know – is called „Integrative Gestalttherapie“. In the meantime we have got one first feedback: the EAGT accept us a gestalt-institute. To finish the accreditation-procedure we have to add some supplements to seminar-descriptions and we are confident to fulfil these demands until the next EAGT-meeting in September.

These contacts in the course of the accreditation-procedure have been very helpful also to find solution for the „NOGT-problem“ in Austria, to find possibilities to over bridge a big gap between our training institute and a new founded NOGT, which is not at all connected to our institute. So we have started some efforts, first steps and we will see if it is possible to build a NOGT which will be accepted also by most of our members and not only by a small group of individual gestalttherapists. This is a work in progress but we face the future optimistically.

Although we have a well-established training institute, we have a lot of work to do. We have enough trainees every year - we planned and just started a new training-group, our 32nd group! - but we have to secure this good position: we have to make more and better public relations, we have to mark off our specific modality and especially the boundaries to similar modalities like IT (Integrative Therapie) or KBT (Konzentrierte Bewegungstherapie).

We think, that quality in our trainings and further-trainings and scientific seriousness is a good way to present our modality:

So we organized and realized again the **annual gestalt-conference**, this time in Salzburg. More than hundred members and colleagues (also some of Switzerland and Germany) took part and we had a

very interesting and good and rich time occupied with the topic of „integration of different concepts for instance in working with narcissic phenomena“.

We also finished a project, which we realized with colleagues from the other gestalt-institutes in Austria (beside of our institute there is another institute for „Integrative Gestalttherapie“ and also one institute for „Gestalttheorie“). This project has been intended by the ministry of health and it had the aim to describe, how different modalities document their **evidence of effectiveness**.

Report from Germany

Christof Weber, DVG

The German Gestalt Congress organised by the DVG in Hamburg from May 2nd to 4th, 2008 already showed a remarkable attendance of about 350 participants by end of March. Among them are about 150 non-members of DVG (German Association for Gestalt Therapy).

That is quite a large crowd, especially, since the topic „Haltet den Dieb“ oder: „Wem gehört der Hot seat“ (Stop the thief, or: who owns the hot seat – Gestalt Therapy and its influence in the psychotherapeutic environment) didn't imply such a success. However, we regard it as a positive reaction of our continuous efforts during the last years to increase the quality

of our annual congress.

And we are also looking forward to our next trilateral congress together with our Austrian and Swiss friends in Zürich from November 7th to 9th, 2008 „Memento mori - Bedenke, dass Du sterblich bist“ (Gestalt Therapy and how to handle becoming older, being old and the growing consciousness of one's own mortality). The programme has been sent out end of March and can also be seen on www.d-a-ch-gestalttagungen.org. It's the first time in DVG history, that we organise two congresses in one year.

In February, a committee in charge of organizing the **Conference 2010 in Berlin** gathered. Current members are Sibylle Ahlbrecht (Hamburg), Inge Matthies (Hamburg), Carmen Suleiman (Nürnberg), Olaf Zielke (Hannover) and me. We started to look for a title, a location and some of the other organisational first steps.

In the last months, we already could welcome another 30 new members. It looks like there is a tendency back to Gestalt Therapy. The institutes say, that more and more people are interested and start an education.

The **DVG-Committee on Quality Management** will meet again this summer to discuss the quality levels in member institutes, how to further develop them and finally to install a system in order to monitor and maintain standards.

Another important thing is on my mind: **Gestalt Supervision/ Counselling/**



Coaching. We offer a “DVG Gestalt Supervision and DVG Consultant certificate” and two institutes offer this education, but there seems to be less interest and energy in this field. I think it’s an important area, where Gestalt could be more active.

In May/June, the “**Stolperstein**” (“stumble stone”, stone of remembrance) for Fritz Perls’ mother and sister will be integrated into the footpath in front of their last home in Berlin, where they lived just before their deportation into concentration camp. Most probably, the daughter of Fritz and Laura, Renate Perls, will be in Berlin to participate in this commemoration of the fate of her family. Find out more about this project in an extra article in this newsletter.

Report from Norway

Glenn D Rolfsen, Chairman NGF

First of all I have a strong urge to translate the “Norsk Gestaltterapeut Forening (NGF)” once and for all. We have written reports from Norway in some time now, and we (the report writers) have used terms like “The Norwegian Gestalt Therapy Organisation”, “The Norwegian Gestalt Organisation”, “The Gestalt Therapy Foundation”, “The Norwegian Gestalt Therapy society” and “The Norwegian Gestalt Therapy Association”.

We have now concluded to use “**The Norwegian Gestalt Therapy Association**”

Norwegian Gestalt Therapy association – NGF had its Annual Meeting the 7th of March.

On the two following days we did have a meaningful workshop in the leadership of Ken Evans – called The Gestalt Therapist Use of Whole self. However we did not succeed in our effort to gather all the Scandinavian Association this time, but we are still working on the subject.

On the Annual Meeting we voted successfully for a new documentation obligation. It should have been made some years ago, but now the association finally came to an agreement. The new obligation contains a minimum of:

Name, date of birth and address to the client.

Specification of what ground that lies ahead of the enquiry from the client.

Time and date of the first contact with the client and further therapeutic sessions

or contact with the client.

This information must be held looked down and should be preserved a minimum of five years.

We have now 284 members who practice Gestalt Therapy, 63 students and 39 associate members, a total of 386 members in Norway. And we are growing every year – a product of the National Norwegian Gestalt Institute and their accreditation of the National Education and Science Department.

(The total population of Norway is only 4.5 million people)

The board of NGF has also been granted, by the Annual Meeting, a secretary position who can give our increased number of members the services they need and of course the board of NGF will have more time to do some of the political strategy we need for the future, to becoming “vat exempt”.

Report from the Netherlands

Guus Klaren, NVAGT

To identify, recognize and value of differences is a topical subject. It’s more or less a daily subject in our Dutch-Flemish Association. We belong to the same language region, but we face a lot of culture differences, for instance in the way we express our thoughts and feelings, we organize our Gestalt practice or the process of decision making.

Last autumn we organized an interesting meeting with all active members in our association: the boards, Chamber of Certification, Chamber of Ethic Affairs, working groups.

The meeting took place in a conference room just at the border of the Netherlands and Belgium. We explored our differences, our images about each other, our conflicts and the surplus value of our differences.

At the moment we discuss the best way to organize our Association with respect of differences. How can our Association be a bridge between Dutch and Flemish Gestalttherapists. And what can we learn of this ongoing experiment in our Association for our work with clients from different cultural backgrounds?

One face of Gestalt? Value@difference is the title of our 6th Dutch Flemish Congress for Gestalttherapy on the 26th, 27th and 28th September 2008. Muslim versus

Christian, the getting older Baby-boomer versus the onrushing Einstein generation. Stand still and deepening against consumption and the speed of the new media. Everyone experiences difference, in personal relations, organisations and wider social field. Difference is everywhere and polarisation seems to be more actual than before. Do we see difference as a problem or as a chance? And what can be the contribution of Gestalt in and outside our therapy room? It will be a Dutch speaking congress. Be welcome as a not Dutch speaking colleague. To create the difference.

Separate from our NVAGT exists a Dutch Flemish Gestalt Network. The NVAGT function as a professional organisation (NOGT). The Dutch Flemish Gestalt Network is a big network of Gestalt Practitioners. Not all of them are registered as a full member of NVAGT or EAGT. But they are inspired by the principles and the work with Gestalt with individuals, in education or organisations. We are different organisations. With different aims. With a different working style. With a different history. But both being rooted in Gestalt. Our board is stimulating a process of approach now. We are building a bridge between the two organisations with preserve of identity. To keep the difference.

At the Annual General Meeting on April 19th I will resign as the president of the NVAGT. That means that I also will resign as a member of the General Board of the EAGT. I will be present on the General Board meeting in Belgrade in September. There I will introduce my successor as the new representative of the NVAGT. A new face, to make the difference.

Report from Spain

Carmen Vázquez Bandín

Here at the AETG, this time, we do not have many interesting things to share with you. If we speak in Gestalt terms, the AETG is in the fore-contact in different topics. The most important are the following:

- We are organizing and completing the last details for the 26th Annual AETG Meeting that will be held in Mallorca at the hotel Sol Antillas Barbados, at Magaluf beach, from 1st to 4th next May. It is, usually, a time for living together, sharing, discussing possible changes in the Association, offering suggestions, welcoming the

new members who became a part of Association in the previous year, and taking new decisions that will be voted by the General Board on Sunday morning. We will also have during this meeting another AETG training institutes session in order to continue thinking together how training could be more according to EAGT standards.

- The website is also being changed and updated with a new design, new sec-

tions and a new URL. We will give the details when it is ready.

- The organization of 11th International Gestalt Therapy Conference continues in process in order to establish the ground and the background for receiving the registrations of the people interested in attending and participating at this international event. From here, I invite again all the EAGT members to come to the Conference. It will be in English and

Spanish simultaneously. Further details are available at www.xicongresointernacional-gestalt.org.

For the moment, that is all, since, as in any preparatory phase, the result of these three topics must wait for their moment in order to be related.

From a cold Madrid that awaits with longing a warmer springtime, best regards for everybody.

General Board Meeting, Athens

September 5th, 2007. Minutes made by Marga Berends (office manager EAGT)

LIST OF THOSE PRESENT:

<i>Ken Evans</i>	United Kingdom	President
<i>Peter Schulthess</i>	Switzerland	Vice president & Chair TSC
<i>Katia Hatzilakou</i>	Greece	Chair Extended Board
<i>Bas Lokerse</i>	The Netherlands	Treasurer
<i>Daan van Baalen</i>	Norway	External Relations
<i>Joppie Bakker</i>	The Netherlands	Secretary
<i>Ester Neumanova</i>	Czech Republic	Eastern European Counties
<i>Dick Lompa</i>	The Netherlands	Chair Ethics Code
<i>Marga Berends</i>	The Netherlands	Office manager
<i>Olaf Zielke</i>	Germany	Representative DVG
<i>Christof Weber</i>	Germany	Representative DVG
<i>Gudrun Wyss</i>	Switzerland	Representative SVG
<i>Dieter Bongers</i>	Switzerland	Representative SVG
<i>Guus Klaren</i>	The Netherlands	Representative NVAGT
<i>Gianni Francesetti</i>	Italy	Representative SIPG
<i>Faye Page</i>	United Kingdom	Representative BGS
<i>Sina Triantafyllou</i>	Greece	Representative GAGT
<i>Ulla Diltzsch</i>	Austria	Representative ÓAGG
<i>Nurith Levi</i>	Israel	Representative ISGTA
<i>Tomaz Flajs</i>	Slovene	Representative SLOGES
<i>Oleg Nemirinskiy</i>	Russia	Representative ARG1
<i>Lidija Pecotic</i>	Malta	Representative GPTIM
<i>Glenn Rolfsen</i>	Norway	Representative NGF
<i>Chris Berardi</i>	Sweden	Representative SAG
<i>Biljana Koprova</i>	Macedonia	Representative MAGT
<i>Ewa Canert Laka</i>	Poland	Representative PTPG
APOLOGIES:		
<i>Jean van Pevenage</i>	France	Representative SFG

3B. PETER REPORTS BACK TO GENERAL BOARD

The EAP money flow for ECP's was not clear and Peter was asked to clarify this.

An ECP costs € 200 per ECP per person this is divided as following:

EAP takes € 100 and the NAO takes € 100 for it. The intention is that of the last mentioned € 100 is € 40 for the EWAO and € 60 for the NAO.

EAGT has to bill every NAO for this amount.

Only our secretary is signing the EWAO forms, this way we have a control to the money flow.

Joppie (secretary) needs to know the names of all ECP applicants a NAO signed ECP for.

Ken explains EAGT has lost money by the previous systems in the past few years. Until now the NAO is keeping all the money and therefore we have the invoice them.

3C. PROPOSAL CHANGE OF STATUTES

Ken is briefly introducing and explaining the proposal for the change of statutes. He also mentions the consequences of becoming one board. How are we all going to dance together to avoid the cartoon?

Each national country has a voice;

Proposal NVAGT is a result of it;

We respond to NAVGT because it is time we did;

A working party will be introduced to have continuity in the organisation.

4. NVAGT AND EAGT

Guus informs us why NVAGT came to their proposal. They would like to have

AGENDA:

1. WELCOME

Ken welcomes all of us and suggests we first introduce ourselves.

Ken mentioned the association is changing and used the fun mail of Nancy as an introduction to it.

Apologies were received from Flanders.

2. MINUTES last General Board Meeting of september 29th , 2006

The minutes are accurate and approved by all.

3A. ITEMS ARISING FROM THE MINUTES?

No.

an ongoing cooperation between EAGT and NVAGT. One item keeps coming up in their meetings, namely the Dutch and Flemish NVAGT members want to have a joint membership. There are two reasons to do so:

- 1) practically
- 2) to strengthen the relationship between NVAGT and EAGT

Re-registration causes annoyance and is frustrating to the members of NVAGT, because NVAGT members were asked to re-register in one year three (NVAGT-EAGT-EAP) times. To re-register for EAGT NVAGT members were also calling the NVAGT secretary for information and therefore she experienced extra work.

To reduce the overall workload the plan came up to have a joint membership and for instance for spreading newsletters jointly. This way all members are informed what is going on in all European countries. Guus suggests EAGT re-registration is done only by NVAGT because they are accredited and it reduces work for EAGT.

Discussion follows, below a brief report:

Ken: Re-registration delegating to the NOGT.

Christof: DVG does not want to lose individual members to EAGT. EAGT should only have organisational members.

Guus: Seconds Christof's statements. EAGT should be an umbrella organisation for institutes and NOGTs, this way individual members only pay once their membership fee.

Glenn: Umbrella organisation is included for membership in Norway to a NOGT.

Peter: EAGT structures cannot be based on one European country therefore EAGT needs to give individual members an opportunity. Therefore Peter suggests to having an European mind on this issue. We agree on an experiment for a joint membership. Eventually there is negotiation between every NOGT needed.

Peter also mentions that Bas mentioned it in his proposal, unfortunately there was very less response to this. Therefore we decided to have an experiment with one NOGT.

Guus: Realizes it will be different per country. He states NVAGT Training standards are even higher than EAGT standards. Guus also stresses to include the re-registration in the experiment otherwise Guus will be hanged.

Ken: There has to be a build in control of

EAGT to NVAGT.

Guus: Completely agrees to this.

Bas: Points out there was no discussion about this with NVAGT.

Peter: We can do now.

Bas: We only discussed registration, not re-registration.

Daan: Why going deep in details? NVAGT could loose perspective in European view. How could we involve training institutes as well?

Guus: Agrees NVAGT is looking more inside than outside but NVAGT wants to support EAGT.

Gudrun: Would like to know what do we do decide on today. Who will take care of this experiment?

Ken: A working party.

Faye: Gets the feeling though we are equal it seems some are more equal than others.

Ken: NOGTS are in different phases of development. Problem now is; in some countries are well developed NOGTS but have a confidence that their members could go up for a joint membership. At least they need to have the EAGT standards and Ken is confident this is the case in Holland. They are well established this is not about equality.

Faye: Thinks we need to be very sensitive.

Dieter: EAGT has to give trust to the NOGT.

Some would like to include other countries into this experiment and others think it would be better to start with one and install a working group.

Gudrun: Likes the experiment.

Ken: Mood of the meeting is 1) to make first a direct response with NVAGT and include control check(s) and 2) to create a task force to look at changes in organisation but also look further to the whole structure for all changes that are coming to us.

Faye: Asks to vote on it.

Ken: First likes to go into details of the task force.

Gudrun: Task force how big or how small should it be?

Lidija: Feels unclear and unsafe about this. Experiment needs to be done secure and save. How does EAGT participate in it?

Ken: We do not change structure of EAGT to a wider look on implication to other NOGTS.

Lidija: Expresses her concern.

Ken: No polarities but to go for a win-win situation.

Lidija: Would like to first define the

steps.

Nurith: Nothing is changing for us individually.

Glenn: First decide on continuation on a General Board than decide on this.

Dieter: It might be interesting for the Swiss people to increase the European view. He would like to know whether there are more NOGTs interested in this idea.

Daan: It is interesting to have one country but to have a person from another NOGT to have a seat in the working party during this experiment.

Ken: Suggests that the task force monitors the experiment is Holland. NVAGT (Guus) should be a member of this task force and TI (Dick) and NOGT person (Christof) and treasurer (Bas) and vice president (Peter) and representative of the individual member (Ken). The task force exists in total of 6 persons.

First report will be in April of the working party, monitoring the process.

The task force should also think of eventual statute changes when having results and report this to as well the General Board as the Annual General Meeting. Report also of EAGT structure and monitoring NVAGT.

Nurith: Point out we need to be sensitive.

Conclusion by voting results:

Against	0
Abstentions	2
In favour	21

Agreed is that the Task force will have a first working lunch on Saturday.

Ken explains that the intention for the AGM is to have the morning for business and the afternoon for a discussion. The topic for the discussion will be communication because in EAGT 28 countries are represented and therefore to have a group discussion about communication.

Dieter suggests having 10 minutes for everyone to speak in his or her native language.

Request for Marga – whether she can make it possible to have one e-mail address for the whole group and establish it on website.

With group mailing Faye would like to see all e-mail addresses.

5. REPORT KATIA OF CONFERENCE

Katia states more than 500 people registered, she informs us that there are also people from Nigeria.

Tomorrow the registration desk will open from 14.00 hours, so each one can have a VIP treatment and let Katia know which workshop they want to attend.

6. REPORT OF TREASURER

Bas explains the General Board is okay for him but there are financial consequences attached to it. He stresses he sent out an arithmetical paper, but unfortunately got less feedback on that particular paper.

Bas explains there were originally 3 proposals in this paper and later on he sent out another proposal and therefore Bas suggests to accept the proposal of € 150 per person per visit (2 visits per year comes to € 300).

Bas states as an employer we have responsibilities for the personal. He also explains how we covered our losses. Bas thinks it is necessary to refund committees as well and therefore to have an experiment for one year whether to keep it this way or not.

Some persons state their organisation does not pay for them but they support gestalt and could get poor by that.

Discussion follows and again below a brief report:

Peter: Gets impatience by this discussion. Now many questions are asked though no one responded to Bas' proposal. In Peter's opinion the test for a General Board failed by not responding.

Ken: States this might be also something for the task force to sort this further out. We need to look further than the end of this year financially.

Guus: Liked the idea EAGT paying for one time and thinks for them there will be no problem.

Christof: Says the Germans can agree to it as well as long there are cheap flights.

Daan: Suggests whether it is a good idea to move everything on we discussed here, to the task force?

Oleg: Points out Russian people are poor and cannot afford to attend the meeting twice.

Ken: Once a year a telephone conference meeting could be an idea but some are for and others against. This could be a good idea for a task force.

Christof: Suggests to experiment on tele meeting for the task force.

Dieter: Proposes to have a conference via the internet for news from countries.

Faye: Says for her there is no money at all because of the launching of the new NOGT UKAGT in February.

Tomaz: States the association has only 25 members, but he is trying to do what is possible.

Ken: I appreciate that.

Christof: Likes 1 place for all of us.

Katia: The representative could make some arrangements for the total group.

Limit € 150 per meeting for 1 year and discuss it after 1 year.

Decision is in favour;
abstention 2; against 0

LUNCH BREAK

Ken - EAP set up an application for EWAO's. Ken filed a report with assistance of Peter and Marga and we were accredited for another 5 years.

7. Training Standards Committee TSC

As Vice president he is attending EAP meetings. We have now 12 NOGTs, there are now 2 countries, which do not have a NOGT.

Full Member NOGTs need to go through accreditation, he will need all documents.

TSC committee, Nurith, Faye, Lidija and Gianni are all here and members of TSC. Since Krakow we have 6 new accredited:

Norway
Slovene
Czech Republic
UK
Russia
Denmark

Seven Institutes are in process.

Tomaz & Gianni is thanking Peter for his work; he did it professionally and very respectful.

8. DAAN – EXTERNAL AFFAIRS

He will step down as officer and will not stand up for re-election.

Lately he mostly worked on the GPO procedure and started up a grandparenting procedure.

Standards are on our website (we have to do so).

First experiment was in London, later in The Netherlands, and in Czech Republic.

Daan hopes there will be a committee, he will work on this. GPO people can become a member of EAGT.

Newsletter and Writers Conference were also tasks belonging to his job.

Ken – a future job is to make the grandparenting procedure into definite standards.

GPO is also research because GPO is/are not yet defined as a profession as for instance a Gestalt coach.

Committee members are Daan, Ken and Chris.

9. DICK – ETHICS COMMITTEE

Will also step down, it didn't feel like 9 years but it is.

Committee of only 3, Dick and Synnøve are both leaving and Lynda is only in the committee for 1 other year.

Dick stresses we would need people for this committee.

Dick learned an awful lot by doing it.

10. ESTER – EASTERN EUROPEAN COUNTRIES OFFICER

Tomorrow Ester will step out as a representative for Eastern European Countries.

Most work was done in the first 3 years of her function.

During the first 3 years she made first contacts

The last 3 years there was no need for an officer like that; there was need for practical tasks like printing certificates etc.

Therefore she proposed to step down.

11. KATIA – CHAIR EXTENDED BOARD

Katia explains the job was mostly done by Marga; there is no need for a Chair of the Executive Board anymore.

12. JOPPIE - SECRETARY

ECP is very important and Peter did a good job on this issue.

Joppie is telling she did her job for 6 years but it is enough for her.

Nurith: Feels there is a little risk to have people volunteering for one of the above functions.

Joppie: Stresses it was announced in the Newsletter, all functions, no one replied to it.

Daan: Suggestion is to have an election committee.

Ken: States this organisation is owned by members and it is up to them they choose and therefore leave it open and trust the wisdom of the members.

Bas: Likes the idea to create a procedure to make this easier for us.

We could make a nomination scheme in the next edition of the Newsletter:

13. NEXT MEETING

February 8 to 10 will be the next meeting. Ken cannot make it that weekend unless we can go to London. Faye will have an address for us ask for it! We all agree to go to London.

14. ROUNDING UP

Ken explains some items cannot be discussed because the Executive Committee

didn't talk about this because there was not enough time to discuss them.

Sina let us know she was disappointed about the questionnaire she sent out. She expected more commitment.

Christof suggests NOGTs could deposit € 50 or € 100 into a fund to financially support the Conference.

Ken stresses this has never been a policy of EAGT and Daan suggests to create

a pot during the Athens Conference. This way it will never be an option for Eastern European Countries, says Christof.

Joppie suggests having a basket to collect money for all victims of the fire in Greece.

ABBREVIATIONS LIST

DVG – Deutsche Vereinigung für Gestalttherapie
DVG e.V.

SVG – Schweizer Verein für Gestalttherapie und Integrative Therapie

SFG – La Société Française de Gestalt

NVAGT – Nederlands Vlaamse Associatie voor Gestalttherapie en Gestalttheorie

SIPG – Societa Italiana Psicoterapia Gestalt

BGS – British Gestalt Society

GAGT – Greek Association of Gestalt Therapists

ÖAGG/IG – Österreichischer Arbeits-kreis für Gruppentherapie und Gruppendynamik / Integrative Gestalttherapie

AETG – Asociación Española de Terapia Gestalt, Integrative Gestalttherapie

ISGTA – Israeli Gestalt Therapy Association

IVGT – Institut pro výcvik v Gestalt terapii

SLOGES – Slovene Association for Gestalt Therapy

ARGI – Association of Russian-language Gestalt Institutes

GPTIM – Gestalt Psychotherapy Training Institute Malta

MAGT – Macedonian Association for Gestalt Therapy

NGF – Norsk Gestaltterapeut Forening

EPG – Ecole Parisienne de Gestalt

TSC – Training Standard Committee

EAP – European Association for Psychotherapy

ECP – European Certificate of Psychotherapy

NAO – National Awarding Organization

NUO – National Umbrella Organization

NOGT – National Organization for Gestalt Therapy

EWAO – European Wide Accrediting Organization

AGM – Annual General Meeting

AOB – All other business

GPO – Gestalt Practitioner in Organization

Candidate as president of EAGT

Peter Schulthess, Lic phil I (= MSc).

*16.4.1950, married, 4 children, 4 grandchildren.

Bergstrasse 92, CH-8712 Staefa, Switzerland.

peter@pschulthess.ch, www.pschulthess.ch

- Studies in Psychology, Pedagogic and Philosophy at the Zurich university. Gestalt education at the Fritz Perls Institute (Dusseldorf) in Zurich, additional trainings with L. Perls, M. & E. Polster, J. Zinker. Psychotherapist EAGT, ECP, SPV (Swiss NAO), SVG (Swiss NOGT), Honorary member of PTPG (Polish NOGT).

- Teaching for IGW in Zurich and Germany since about 20 years, since 6 years for Gestalt foundation in Greece and since several years also in other European countries.

- Practising as psychotherapist and supervisor in private practice in Zurich.

- Member of the TSC since 2001, Chair of the TSC since 2003. Member of the EC since 2003, Vice President since 2006.

- Representing EAGT in EAP since 2 years. Former president of SVG (1986-92), President of Swiss Charter for Psychotherapy since 2003.

- Author of many articles and chapters of books, Co-author and Editor of 2 books, mainly on gestalt therapy and also the regulations of the profession of psychotherapists. Mainly published in Swiss and German Journals, but also internationally in other languages: English, French, Polish.

Candidate as Chair of Training Standard Committee

Gianni Francesetti, psychiatrist, Gestalt psychotherapist, teaches on the Gestalt Psychotherapy Training Programs of the Istituto di Gestalt H.C.C., Italy.

- He is in charge of the Master's course in Gestalt Counseling at the Turin branch of the Institute.

- He is an Associate Member of the New York Institute for Gestalt Therapy.

- He is President of the SIPG (Italian Gestalt Psychotherapy Association), a member of the EAGT Training Standards Committee, and a member of the executive board of FIAP (Italian Federation of Psychotherapy Associations, the umbrella federation for EAP).

- He is on the editorial board of Quaderni di Gestalt and of Studies in Gestalt Therapy. Dialogical bridges. • He has authored articles, chapters, and books in the field of psychiatry and psychotherapy.

EAGT Membership



To the attention of EAGT members who hold an ECP

New Members 2007/2008

Joanna Kato, Greece, OM
 Arie Cohen, Isreal, OM
 Willemien de Jongh,
 The Netherlands, OM
 Katarina Fagerström, Finland, OM
 Peter Walfridsson, Sweden, OM
 Tatsiana Zinkevich-Kuziomkina,
 Republic of Belarus, OM
 Tatyana Velenta, Republic of Belarus, OM
 Annette Man-Mul, The Netherlands, OM
 Liz Kerry, United Kingdom, OM
 Genadiy Malychuk,
 Republic of Belarus, AM
 Exarmenia Pappa, United Kingdom, OM
 Glenn D. Rolfsen, Norway, OM
 Christof Weber, Germany, OM
 Gianni Francesetti, Italy, OM
 Sibylle Ahlbrecht, Germany, OM
 Marina Riker-Kučić, Canada, OM
 Miodrag Milovanovic,
 Bosnia & Herzegovina, OM

New GPO (Gestalt Practitioners in Organisations) Members 2008

Myriam Ducastel, Belgium, OM
 Hilde Johnson, Belgium, OM
 Jan Standaert, The Netherlands, OM
 Frank van Mierlo, Belgium, OM
 Johan Bulckaert, Belgium, OM
 Christine Deseyn, Belgium, OM
 Marita Stas, Belgium, OM
 Martine van Obbergen, Belgium, OM

Altered membership status 2007

Pia Marie Keanius,
 Sweden, from AM to OM
 Biljana Popovic, Serbia, from AM to OM
 Snezana Opacic, Serbia, from AM to OM
 Dragana Ilic, Serbia, from AM to OM

Associate membership Training Institutes 2007 and 2008

Gestalt Studio Belgrade – Serbia
 Gestalt Institute Skopje – Macedonia
 The Gestalt Institute of Scandinavia, GIS-
 International ApS – Denmark

EAGT invites you, as a member, to inform our office manager—Marga Berends—you would like to be recognized as an ECP holder on our website. If you would like to be recognized as an ECP holder just send Marga a copy of your ECP.

You'll find the address of the office on your right of this article.

Associate and Ordinary memberships NOGT 2008

Societatea de Gestalt Terapie din Romania (SGTR) – Romania, AM
 Israeli Gestalt Therapy Association (ISGTA) – Israel, AM
 Gestalt Association of Lithuania (LGA) – Lithuania, AM
 Swedish Association of Authorised Gestalt Therapists (SAG) – Sweden, OM
 Association of Russian-language Gestalt Institutes (ARGI) – Russia, OM
 Asociación Española de Terapia Gestalt (AETG) – Spain, OM

Accredited Training Institutes 2008

Hamburger Institut für Gestaltorientierte Weiterbildung (HIGW) – Germany
 Multi di Mens vzw – Belgium
 IVC Instituut voor Communicatie – Belgium
 Gestalt Foundation Psychotherapy & Training Center – Greece

Abbreviations explained:

OM = Ordinary Membership (formerly called full membership)
 AM = Associate Membership
 GPO = Gestalt Practitioner in Organisations

Marga Berends
 office manager

www.eagt.org

EAGT office
 c/o Marga Berends
 Noorderdiep 304
 9521 BL Nieuw Buinen
 The Netherlands
eagtoffice@planet.nl

MEMBERSHIP FEE FOR ORGANISATIONS

Contact with Training Institutes who do not choose for accreditation are also of importance to EAGT. I think hereby of; discussions, contact, meeting, exchange, etc. etc. These associations can remain a member of EAGT as a cooperative member. Naturally if they choose for that option. Therefore the Executive Committee decided to equate with the cooperative membership fee to the associate membership fee for associations and training institutes. We ask to Annual General Meeting to follow our decision and for convenience sake I list below a table with fees.

Organizations (AM/CM) < 150 members + East European Countries: € 125

Organizations (FM) < 150 members: € 220

Organizations (AM/CM) between 150 - 500 members: € 350

Organizations (FM) between 150-500 members: € 500

Organizations (AM/CM) > 500 members: € 600

Organizations (FM) > 500 members: € 800

Bas Lokerse,
 treasurer

JOINT MEMBERSHIP

At the AGM we will vote on an experiment with joint membership between EAGT and a NOGT.

With NVAGT we worked out a contract that prepared this joint membership. The AGM of NVAGT has agreed in April on this contract, so it's now up to the AGM of EAGT to vote also on it.

The idea of joint membership is the following:

All members of a NOGT will automatically also be individual members of EAGT and holder of the EAGT certificate. The NOGT will pay a reasonable fee to EAGT for this, according to the amount of members. This fee per person will be lower than the normal fee for individual membership in EAGT, on the other side EAGT will get much more members this way. The calculation was done in a way, that EAGT will not lose money compared to the situation that we have today. Like this we created a win-win situation for both associations. In the preparation of this model we did compare the criteria for getting a member of EAGT and getting a member of NVAGT. Aim was to guarantee, that all those who meet EAGT standards will be accepted also as NVAGT members and vice versa.

For your preparation of this topic you will find the contract below.

Joint membership will start as an experiment for 3 years. Some other NOGT's are also interested in such a solution. If the experiment goes well (and with this contract we reached a lot to give a good start), EAGT can negotiate also with other NOGT's about joint membership.

The Executive Committee and the General Board support this development very much, as it shows a good way for growth of the association.

Peter Schulthess

FINAL VERSION OF THE CONTRACT BETWEEN EAGT AND NVAGT CONCERNING JOINT MEMBERSHIP

EAGT, represented by the president and vice president, and NVAGT, represented by the president and vice president, reach the following agreement about joint membership:

- **NVAGT applies** as NOGT of EAGT to its ordinary members the training standards of EAGT. Persons that are not yet fulfilling these standards, but are on the way of reaching them, are admitted as associate members.

- **EAGT will accept** all these members of NVAGT as ordinary or associate member of EAGT in delegating the procedure of accreditation and re-accreditation to NVAGT.

- **Joint membership** is only meant for psychotherapy members of NVAGT (according to the published list), not for counsellors.

- **Dealing with differences** in standards:

- a.* Prior education: EAGT accepts that NVAGT requires additionally to a bachelor degree (or equivalent, ex. HBO degree) in the field of helping professions (or equivalent) a minimum of 18 hours development psychology, 18 hours of psychopathology and 18 hours of the application of the DSM IV or V, if this is not included in the bachelor degree or equivalent. This can be done parallel to the training in gestalt psychotherapy.

- b.* NVAGT accepts that EAGT criteria on supervision (1/3 has to be done in individual setting) will be applied in future (if EAGT does not change this criteria).

- c.* NVAGT agrees that also supervisors will have to do 20 hours of supervision within 5 years. They will apply the same re-accreditation criteria as EAGT.

- d.* The dates for re-accreditation will be for the next years: 30 members in 2008, 8 members in 2009, 4 members in 2010, 44 members in 2011, 11 members in 2012, 5 members in 2013. NVAGT will reduce the period for re-accreditation from 6 to 5 years according to EAGT, starting April 19th, 2008.

- e.* During the first re-accreditation period NVAGT will accept as continuous education only workshops, study groups and

supervision that are lead by professionals who are accredited members of NVAGT, EAGT or recognised affiliated associations. Later these elements can be done also in other modalities.

- f.* Members of NVAGT living outside the Netherlands or Flemish Belgium are obliged in all matters to NVAGT rules except, when they are also a member of the local NOGT in the country they live. Then they will have to accredit there, but inform NVAGT about this.

- g.* NVAGT will change requirements for re-accrediting supervisors starting at the Annual General Meeting (AGM) held at April 19th, 2008. In future also supervisors will have to show that they have done at least 20 hours of supervision within 5 years. Supervisors that already have been re-accredited recently are exempt.

- h.* NVAGT will maintain the possibility to appeal against decisions of the Accreditation Chamber.

- i.* NVAGT members who do not meet the requirements of re-accreditation get "aspirant Gestalt therapists", until they fulfil the requirements. NVAGT proposes EAGT do deal with this in a similar way (i.e. associate membership until they fulfil the requirements and can get ordinary members again).

- k.* The NVAGT status of "aspirant member" is limited for 5 years. After this they have to fulfil the requirements for ordinary membership. NVAGT proposes EAGT to adopt this and limit associate membership also.

- l.* NVAGT requires of their members to obtain a professional liability insurance in order to be licensed as an ordinary member.

- **NVAGT will accept**, at the beginning of this contract, as an interim procedure, all EAGT-members of The Netherlands and Flemish Belgium existing on January 1st 2009 as NVAGT members, even if they are not fulfilling all criteria of NVAGT.

- **EAGT will keep** accrediting persons that are not willing to join NVAGT in a direct procedure as EAGT members. EAGT invites such persons from the Netherlands

and Flemish Belgium to become also member of NVAGT in the sense of a joint membership.

- **The offices** of the two associations will cooperate. Each new membership will be communicated, also each re-accreditation. This is to keep the records in both associations up to date.

- **EAGT will create** a procedure of re-accrediting NOGT's that is similar to the accreditation and re-accreditation procedure of Training Institutes. In this way EAGT can control the way NVAGT applies EAGT criteria.

- **Newsletter:** NVAGT will spread the EAGT-newsletter to its members and coordinate the dates with EAGT in order to keep the correct time limits for the AGM of EAGT.

- **Finances:** As organisational Member of EAGT, NVAGT pays a fee of (at the moment € 500,=) as basic membership fee.

NVAGT will include individual EAGT membership fees in the membership fee of NVAGT. To create a win-win situation for the two associations, NVAGT will pay to EAGT every year a fee of € 25,= per or-

dinary member and € 20,= per associate (aspirant) member (based on actual EAGT fees of 2008). Database for the amount of members is the January 1st of each year.

Additional NVAGT will pay during 3 years an annual contribution of € 815,=.

If the AGM of EAGT will have to change membership fees, this will also have an effect on the fees for NVAGT. The raise of fees will be for NVAGT fees and the annual contribution in the same percentage that EAGT did change its fees.

If the joint membership will be prolonged after the 3 years, the fees will be negotiated again. The aim is to motivate also other NOGT's to a joint membership contract, so that the fees for NVAGT will not have to be raised, but rather lowered for the following years. This is depending on the development of joint membership with different countries.

Re-registration costs for NVAGT members will be € 10,00

- **Work flow:** An individual will apply to NVAGT. NVAGT will inform EAGT in order to keep records updated and to issue and send the EAGT-certificate to the new

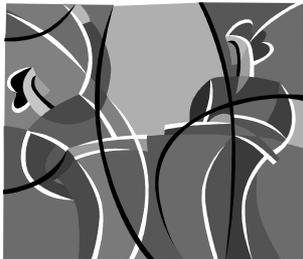
member.

If an individual applies directly to EAGT (and does not want to become a member of NVAGT), the secretary will keep 1 copy of the file and send the original to NVAGT. NVAGT will scrutinize the file on behalf of EAGT (as all NOGT's do) and communicate the result to EAGT. If NVAGT rejects an application even if the standards of EAGT are fulfilled, the reasons must be discussed. EAGT will decide on individual membership (only in EAGT) depending on these reasons.

- **Duration of the contract:** This contract is limited for a period of three years as an experiment with joint membership in EAGT. The experiment will be evaluated after the second year. The General Board of EAGT will decide at the end of the third year, if this can become a general model for joint membership with those NOGT's that apply for it.

30.3.2008

Peter Schulthess / Guus Klaren



THE SUPERVISION DEBATE

Should supervision in gestalt education include necessarily a minimal part in individual 1:1 setting or can it all be done in a group setting?

by Peter Schulthess

During the accreditation visits, several institute leaders got aware that they did not know of the requirement that a 50 hours minimum of the required 150 hours supervision in individual setting (1:1) should take place in an educational program according to the standards of EAGT, which were voted on in 2003.

All the in the meantime accredited institutes do fulfil this requirement now and have adjusted their curriculum, if necessary. But still it raised questions and initiatives to change this requirement.

In the history of EAGT this requirement indeed has been changed. The first training standards from March 1995 said: „Supervision may be undertaken in small groups or individually.“ This has been changed between 1995 and 2003, and the training standards from 2003 require „One third of the supervision needs to be done individually, two thirds may be done in small groups.“

Some of the trainers pointed out, that group supervision is cheaper for the trainees and that in their country trainees cannot afford such an amount of individual supervision. Others mentioned that in their countries are not enough supervisors available in different regions. Others mentioned that the quality of supervision will always be richer and deeper, if it is done in a group setting, one even pointed out that gestalt supervision should never be done in a dyadic setting, because this is against gestalt principles and field theory. On the other hand several institutes insist on a minimal part of supervision in a dyadic relation to a supervisor and point out that this is a more intimate and protected place for supervising issues where in counter transference the therapist is faced with intimate issues of her/his own. Some see this as a continuous didactic experience in a dyad, which allows a learning process, which is just different from the one that is

possible in a group. Both have a value and should be practised. The field in a group and the field in a dyad are different and different figures will emerge.

The AGM will have to vote on two proposals of changing the standards on supervision:

1. Tomaz Flajs proposes that there should not be an obligatory part for dyadic supervision. He would like this would be the choice of the institute.

2. Serge Ginger brings in a proposal that stays with the requirement of a part of dyadic supervision but does not want to fix a minimal number to allow more flexibility.

The Training Standard Committee members propose to stay with the standards as they are.

To introduce into this question to you as an EAGT member, I have invited Daan van Baalen to describe his position for a change of the standards and Faye Page

to describe her position to stay with the standards. I thank both of them for their contribution and hope this helps you as our members to make up your own mind.

Therefore hereafter will follow:

- Positions of *Faye Page* and *Daan van Baalen*.
- Proposal of *Tomaz Flajs*, proposal of *Serge Ginger*.

FAYE PAGE'S POSITION In the individual supervision debate by Faye Page

The needs of a student in psychotherapy training vary greatly from the first year to the third or fourth year. This is certainly true of supervision needs. Group supervision is important for group process, range of clients, range of experience and support. In the first year or two, it is also important that the trainee has time to learn how to get a full and focused view of their clients. In a group this is often diluted by the other members of the group giving their opinions. Some people feel unable to disclose their doubts because of personal reasons not yet resolved. The supervisee's personal needs may strongly configure the contact in such a way as to render group supervision inappropriate. For instance, trainees can feel ashamed or humiliated because they feel they are not doing as well as some of the group members or they have transference issues with the group supervisor. The culture of the training will be in the supervision group and will bring sibling dynamics into the supervision group from the training group.

There is also the issue of the 'heavy user'. Some trainees will be able to use the group supervision adequately and take as much time as they can get. This often allows a trainee to be overlooked and to 'hide' in the group. Individual supervision can support the trainee to gain confidence and recognise their own value. In individual supervision the trainee can go into more depth in casework than is possible in a group. The supervisor can be confident that the supervisee is practising safely.

In group supervision, the supervisees/trainees can sometimes feel they are a participant in 'serial monogamy' with the supervisor moving from one to another even if each person receives the same amount of time. I have rarely, if ever, experienced everyone having the same amount

of time. Individual supervision, offers an opportunity for the trainee to experience being held in their work. The supervision should support awareness and skill and encouragement for the supervisee. It offers an experience of the 'I-Thou' relationship that therapists strive to attain with their clients.

DAAN VAN BAALEN POSITION In the individual supervision debate by Daan van Baalen

I have made my statements short and included part of the constitution. I did this because most of the pro and contra arguments are based on taste and guesses, not on any research evidence, nor quantitative nor qualitative.

Section 2 of the constitution "Aims and Objectives" shows the inclusive attitude of the association, which I like to mention in the discussion, before I go to details.

Paragraph 1, 2 a and g.

1. To unite into a common association Gestalt psychotherapists, Gestalt Therapy training institutes and Gestalt therapy national organizations in Europe.
2. The Association and its applicants shall have the following objects:
 - a. The union of Gestalt therapy societies, associations and federations from different European nations;
 - g. The development of comparable standards and curricula for Gestalt therapists in the European area and the devising of joint training standards;

According to my opinion this means:

- "to unite into a common association"
- "the union of Gestalt therapy societies"
- "the devising of joint standards"

When I translate these points into praxis and standards, I would say standards, which are including our differences. At the moment it does look like the point of obligatory 50 hours individual supervision can split us more than join! My concern is the division this issue has caused than whether 50 hours individual supervision should be necessary.

I have been involved for more than 30 years in training Gestalt therapists in the Netherlands, in Norway, in Check Republic and in many other European countries. During all these years I have seen Gestalt institutes, the content of training programs (curriculum) increase quality and converge to commonality, without that

they are losing local differences. I have seen supervision done both individual as well as in groups depending on the local situation and tradition.

Having said this, I mean that the choice about doing individual or group supervision should be answered locally, depending on local traditions and the individual learning style of the institute and the students.

This argument is also supported by the fact that there is not done any research about what works best, individual or group supervision.

Arguments for doing group supervision:

1. In Norway fifty hours obligatory individual supervision will raise the price of the training with 25%.
2. Co students can learn from the supervision their fellow students receive.
3. They can learn from sharing experiences being therapists.
4. In a supervision group the members can learn from playing the cases brought to supervision. They can play therapist, client or other persons.
5. The amount of supervision of cases where the student can be involved in increases.
6. Exploration of personal difficulties which possibly emerge in group supervision should be handled in therapy, not in supervision.

PROPOSAL FOR A CHANGE IN THE EAGT TRAINING STANDARDS by Tomaz Flajs, president of SLOGES

In the EAGT Training Standards it is written:

9. Supervision (150 hours);
- 9.4. One third of the supervision needs to be done individually, two thirds may be done in small groups.

The supervisor sees to it that there are enough cases discussed in the group."

SLOGES proposes that this requirement be omitted, so that the choice of proportion of individual/group supervision is left to training institutes, according to their own training philosophy.

Our opinion is that such a requirement is too rigid and that it doesn't leave space for the specific understanding and approach to supervision by an institute.

I propose that our suggestion is put on the agenda of the next EAGT AGM.

Argumentation:

During the process of accreditation of GITA, Institute for Gestalt Therapy Ljubljana, we were explained by the President of the EAGT TSC that individual setting means that only 1 supervisee is present at the supervision, and that this requirement is a guarantee that a supervisee deals also with his/her own counter transference issues, which in a group, due to his/her exposure, would not take place.

For example, in GITA, due to the way the training workshop are conducted, where trainees also bring out their personal issues and work on them in the presence of the training group, the reverse is more true. Supervisees are more likely to bring difficult issues concerning their own counter transference processes to supervision in a group because they feel supported by the group. Besides this, other trainees learn considerably from being present at the supervision of a colleague. These are reasons

why in GITA a group setting in supervision is highly appreciated.

PROPOSAL FOR REQUIREMENTS FOR INDIVIDUAL AND GROUP SUPERVISION FOR EAPTIS AND INDIVIDUAL ECPs

by *Serge Ginger*,
EAP registrar and Chair of the TAC

February 1st, 2008, to Peter Schulthess, Chair of the Training Committee of EAGT.

Copy to Ken Evans

Requirements for individual and group supervision for EAPTIs and individual ECPs

Dear Peter,

Let me summarize my proposal for the European requirements in supervision.

I totally agree with the principle that it would be suitable that every ECP holder has had both group and individual supervision.

But, we must be realistic and take into consideration the different levels of possibilities in different European countries, and mostly in some Eastern European countries.

It's not always possible nowadays to furnish for each trainee a large amount of individual supervision, because of lack of trained supervisors. Moreover they are often the same as the trainers (and even as the therapists), or they live very far away (sometimes more than 1 000 km) from the place where the student is practising. In some countries there is not yet a specific training for supervisors.

So, I suggest to keep the principle but without a precise indication of proportion or amount.

Something like : "It is asked to have a total amount of 150 hours of supervision, in individual or group setting. A part of it must be in individual sessions".

I let you discuss this topic with the Board of EAGT and I shall submit also my proposal to EAP (where there is no precision about this point till now).

Abbreviations explained:

EAPTIs European Accredited Psychotherapy Training Institutes

ECP European Certificate of Psychotherapy

EAP European association for Psychotherapy

TAC Training accreditation committee



REMEMBERING FRITZ PERLS' MOTHER AND SISTER IN BERLIN

The Board of *DVG Deutsche Vereinigung für Gestalttherapie* (German Association for Gestalt Therapy) in its spring meeting 2007 decided to commemorate the Perls' family and the fate family members suffered in Berlin.

Fritz Perls was born in Berlin in 1893 where he lived for 40 years. In 1933 he emigrated together with his wife *Lore* and their daughter *Renate* (*1930) via Amsterdam to Johannesburg. In 1947 his family emigrated to New York.

His father *Nathan* (*1857) died in Berlin in 1933 and was buried on the Jewish cemetery in Berlin-Weissensee; the grave still exists today. His mother *Amalie* (*1859) and his sister *Elisabeth* (*1891) were deported to Theresienstadt from their last home in Berlin-Wilmersdorf, Prinzregentenstrasse 77 on September 7, 1942.

Fritz Perls' mother has been assassinated on October 7, 1942; his sister is regarded as missed. Lore's mother was gassed after being deported from Hamburg to Riga. Her father escaped this destiny; he died a natural death in Pforzheim.

Given the manifold connection of Fritz Perls' family with Berlin, the fate of his mother and his sister in particular deserve a dignified way of commemoration in this city. "*Stolpersteine*" (stumbling blocks) since a number of years is a Germany wide project, launched by the artist *Gunter Demnig*, to honour victims of Nazi persecution. Since 1995 Demnig fits concrete stones covered with a 10x10 cm brass surface into sidewalks in front of victims' homes. These stumbling blocks are not understood to be gravestones but to make aware of the victims. The metallic surface

with names and dates engraved are supposed to be treaded on to keep the stone shining and maintain the victim's identity.

In Berlin the project is organized by the *Co-ordination agency Stolpersteine* in co-operation with Berlin boroughs and supported by '*Berlin Archives*' as well as.

Since 1996 around 7.700 "*Stolpersteine*" due to this private initiative were laid in 130 German cities.

We hope that in May or June the artist will install the two stones in front of their last home.

Christof Weber, Berlin
www.Leben-cw.de,
Lebencw@aol.com

European Association for Gestalt Therapy

EAGT Office

c/o Marga Berends

Noorderdiep 304

9521 BL Nieuw Buinen

The Netherlands

Tel: +31 (0) 599 614661

Fax: +31 (0) 84 719 3196

E-mail: eagtooffice@planet.nl

Web: www.eagt.org



Stolpersteine (“stumbling blocks”), in an artistic project to honour victims of Nazi persecution.

Such stones will be made in front of the house of Fritz Perls’ mother and sister in Berlin in May or June.

See article by *Christof Weber* at page 15 and his report from Germany at page 5.