

## Requirements for the first EAGT re-registration:

### **Quantitative requirements:**

To be able to be re-registered for the first time (after the first 5 years) the member has to have and to show by certificates that s/he attended during these past 5 years at least 100 hours of continuous education, supervision and intervision.

1. At least 20 hours of supervision
2. 30 hours of congresses, seminars, courses, workshops
3. 50 hours of intervision, participation in a group of colleagues around the own work as a therapist or teaching about Gestalt Therapy, writing about Gestalt Therapy, scientific work.

From these activities written declarations are needed.

### **Qualitative requirements**

1. Workshops, seminars, conferences etc.
  - a. All workshops, seminars, conferences etc. have to be organised by an organisation that is accredited by the EAGT
  - b. The organisation has to provide the member with a paper which clearly states the trainer(s), the content and the amount of hours involved.
  - c. In case a workshop or seminar is not organised by an accredited organisation, the individual organiser and/or trainer have to be a full member of the EAGT.
  - d. In this case, the organiser or trainer has to provide the member with a paper which clearly states the trainer(s), the content and the amount of hours involved.
2. Supervision
  - a. Supervision can only be done by a supervisor who is a full member of EAGT and accredited as supervisor by EAGT or by the NOGT.
  - b. The supervisor provides the member with a paper which clearly states the name of the supervisor and the hours involved (an hour for supervision consists of 60 minutes face to face contact).
  - c. Supervision can be done individual or in a group. Individual supervision can be done by Skype.
3. Intervision
  - a. Intervision or the participation in a group of colleagues around the own work as a therapist or teaching about Gestalt Therapy, writing about Gestalt Therapy, scientific work, has to be proven by a paper, signed by the colleagues involved in these activities. All members have to be Gestalt therapists and member of the EAGT.

## Requirements for the following re-registrations (after 10, 15, 20 years and following):

### **Quantitative requirements:**

To be able to be re-registered, the member has to have and show by certificates that s/he attended during the past 5 years at least 100 hours of continuous education, supervision and intervision.

1. At least 20 hours of supervision
2. 30 hours of congresses, seminars, courses, workshops
3. 50 hours of intervision, participation in an group of colleagues around the own work as a therapist or teaching about Gestalt Therapy, writing about Gestalt Therapy, scientific work.

From these activities written declarations are needed.

### **Qualitative requirements**

1. Workshops, seminars, conferences etc.

Although, we strongly advice and stimulate the members to keep updated with the present developments in the theory and practice of the Gestalt therapy, members are allowed to present hours for workshops, seminars, conferences etc. provided by other modalities then the EAGT or NOGT.

However, only those hours are countable, which are provided by organisations or individual trainers that are member of :

- a. one of the modalities, connected as full member to a National Association for Psychotherapy or to the European Association for Psychotherapy
- b. or in case there is not such an association in the country of the member, a qualitative comparable national umbrella organisations. This to be evaluated by the secretary of the EAGT in dialogue with the member, who likes to be re-registered.

2. Supervision

- a. Supervision can be done by a supervisor who is a full member of the EAGT and accredited as supervisor by the EAGT or by the NOGT or by any other supervisor, if this supervisor is an accredited supervisor of one of the other modalities, connected as full member to a National Association for Psychotherapy or to the European Association for Psychotherapy
- b. or in case there is not such an association in the country of the member, an accredited supervisor of a qualitative comparable national umbrella organisations. This to be evaluated by the secretary of the EAGT in dialogue with the member, who likes to be re-registered.
- c. The supervisor provide the member with a paper which clearly states the name of the supervisor and the hours involved. (an hour for supervision consists of 60 minutes face to face contact)
- d. Supervision can be done individual or in a group. Individual supervision can be done by Skype.

3. Intersivision

- a. Intersivision or the participation in an group of colleagues around the own work as a therapist or teaching about Gestalt Therapy, writing about Gestalt Therapy, scientific work. has to be proven by a paper, signed by the colleagues involved in these activities. All members have to be psychotherapists.